

Book Signing & Meet-and-Greet



Come join us at our Old Town center and meet Dr. Romanov, author of *The Running Revolution: How to Run Faster, Farther, and Injury-Free — for Life*. Dr. Romanov is a best-selling author, Olympic coach, and founder of the Pose Method. He will be available to sign his newest book, and answer questions about proper running technique!

Thursday

OCT 9

7 p.m. - 9 p.m.

Accelerated Physical Therapy

Old Town

1640 N. Wells St, #105

Chicago, 60614

For questions or to RSVP,
please contact Denise at:
run@acceleratedrehab.com

